

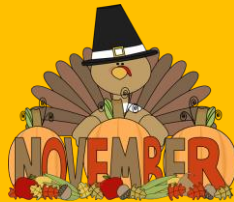










~ November 2016~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Meatloaf Garlic Mashed Potatoes Corn Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	2 Split Pea Soup Grilled Cheese Sandwich Mixed Vegetables Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	3 Chicken Chili w/ Crackers Mixed Vegetables Fresh Fruit Low Sugar Dessert	4 Beef Barley Noodle Soup w/Crackers Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	
6 	7 Stuffed Bell Peppers Side Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	8 Grilled Hamburger Fresh Fruit Fries Low Sugar Dessert Beverage, 1/2% Milk, or Juice	9 Chicken Fingers Garlic Mashed Potatoes Green beans Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	10 Chicken Savory w/ Herb Pasta and Spinach Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	11 Cream of Broccoli Soup Grilled Cheese Sandwich Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	
13 	14 Spaghetti – Turkey Meatballs Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	15 Lasagna Garlic Bread Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	16 Cream of Broccoli Soup Grilled Turkey & Cheese Sandwich Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	17 Pot Roast w/ Cubed Potatoes, Carrots, Celery and Rice Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	18 Turkey Club Burger w/ Lettuce and Tomatoes French Fries Mixed Vegetables Low Sugar Dessert Beverage, 1/2% Milk, or Juice	
20 	21 Chicken Parmesan w/ Salad Broccoli Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	22 Holiday Meal	23 Center Is Closed		25 Center Is Closed	
27 	28 BBQ Chicken Mashed Potatoes Sweet peas Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	29 Baked Fish w/Lemon Sauce Herb Pasta String Beans Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	30 Baked Chicken Brown Rice Green Beans Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	