Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Happy New Year!	The center is closed	Smoked Ham Hocks Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or	4 Chicken Fingers Garlic Mashed Potatoes Green beans Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	5 Chicken Chili w/ Crackers Mixed Vegetables Fresh Fruit Low Sugar Dessert	6 Beef Barley Noodle Soup w/Crackers Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	7
	9 Stuffed Bell Peppers Side Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	Grilled Hamburger Fresh Fruit Fries Low Sugar Dessert	11 Beef and Broccoli over Rice Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	12 Chicken Marsala w/ Herb Pasta and Spinach Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	13 Cream of Broccoli Soup Grilled Cheese Sandwich Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	14
15	16 Turkey Meatball Sub Tossed Salad Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	Spaghetti w/ Meat Sauce Green beans Tossed Salad Fresh Fruit Low Sugar Dessert	18 Tomato Soup Grilled Turkey & Cheese Sandwich Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	19 Red Beans and Rice w/ Smoked Turkey and Cornbread Low Sugar Dessert Beverage, 1/2% Milk, or Juice	Turkey Club Burger w/ Lettuce and Tomatoes French Fries Mixed Vegetables Low Sugar Dessert Beverage, 1/2% Milk, or Juice	21
22	23 Chicken Parmesan w/ Salad Broccoli Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	Meatloaf and Gravy Mash Potatoes and corn Fresh Fruit Low Sugar Dessert	25 Chicken and Pasta w/ Gravy Mixed Vegs Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	26 Pepper steak and Rice California Blend Vegs Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	Baked Fish w/ Lemon Sauce Scallop Potatoes and Sweep peas Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	28
	30 BBQ Chicken Mashed Potatoes Corn on Cob Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice	31 Chicken Fajita Wrap Herb Pasta String Beans Fresh Fruit Low Sugar Dessert Beverage, 1/2% Milk, or Juice				