

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 Coffee Talk / Current Events Today In History Chair Exercise Brain Fitness Lunch Therapeutic Arts and Crafts Air Hockey Progressive Relaxation	4 Coffee Talk / Current Events Today In History Chair Exercise Board Games / Free Time Lunch Therapeutic Arts and Crafts Stress management Inspiration	5 Coffee Talk / Current Events Today In History Chair Exercise Healing Music Lunch Therapeutic Arts and Crafts Adapted Sports Healthy Movement	6 Coffee Talk / Current Events Today In History Chair Exercise Nintendo Wii Lunch: Leisure Education Movie and Popcorn Board Games / Free Time	7 
8 	9 Coffee Talk / Current Events Today In History Chair Exercise Dominos Lunch Therapeutic Arts and Crafts Air Hockey Inspiration	10 Coffee Talk / Current Events Today In History Chair Exercise Leisure Education Lunch Therapeutic Arts and Crafts Stress management Progressive Relaxation	11 Coffee Talk / Current Events Today In History Chair Exercise Trivia Lunch Therapeutic Arts and Crafts Board Games / Free Time Healthy Movement	12 Coffee Talk / Current Events Today In History Chair Exercise Healing Music Lunch Therapeutic Arts and Crafts Adapted Sports Brain Fitness	13 Coffee Talk / Current Events Today In History Chair Exercise Board Games / Free Time Lunch Pet Therapy Movie and Popcorn Stress management	14 
15 	16 Coffee Talk / Current Events Today In History Chair Exercise Yoga Lunch Therapeutic Arts and Crafts Bowling Inspiration 	17 Coffee Talk / Current Events Today In History Chair Exercise Dominos Lunch Therapeutic Arts and Crafts Healthy Movement Stress management	18 Coffee Talk / Current Events Today In History Chair Exercise Trivia Lunch Therapeutic Arts and Crafts Leisure Education Air Hockey	19 Coffee Talk / Current Events Today In History Chair Exercise Healing Music Lunch Therapeutic Arts and Crafts Adapted Sports Healthy Movement	20 Coffee Talk / Current Events Today In History Chair Exercise Nintendo Wii Lunch Board Games / Free Time Movie and Popcorn Inspiration	21 
22 	23 Coffee Talk / Current Events Today In History Chair Exercise Dominos Lunch Therapeutic Arts and Crafts Healthy Movement Brain Fitness	24 Coffee Talk / Current Events Today In History Chair Exercise Nintendo Wii Lunch Therapeutic Arts and Crafts Dominos Progressive Relaxation Caregiver Support Group	25 Coffee Talk / Current Events Today In History Chair Exercise Yoga Lunch Therapeutic Arts and Crafts Adapted Sports Board Games / Free Time	26 Coffee Talk / Current Events Today In History Chair Exercise Healing Music Lunch Therapeutic Arts and Crafts Air Hockey Inspiration	27 Coffee Talk / Current Events Today In History Chair Exercise Pet therapy Lunch Board Games / Free Time Movie and Popcorn Trivia	28 
29 	30 Coffee Talk / Current Events Today In History Chair Exercise Yoga Lunch Therapeutic Arts and Crafts Air Hockey Inspiration	31 Coffee Talk / Current Events Today In History Chair Exercise Trivia Lunch Therapeutic Arts and Crafts Leisure Education Stress management	 Lunch at 12:00 PM, Snack 2:00 PM, Late Snack 5:00 PM 	29 	30 	31 