

My uncle has Alzheimer's, I didn't know how difficult people with Alzheimer's have to adjust to life.

After my aunt died in Feb., I been taking care of my uncle. After her death, he became depressed and stress-out, it didn't help his illness at all. He started getting moody and aggressive. I didn't want to put him in a home or having him on drugs that makes him incoherent.

I was talking to someone about his behavior and she suggested adult day care, where he could be around people like himself. She got in touch with Kathleen's Compassionate Adult Day Care Health Services. At first I was kind of reluctant about him going there, but after the owner came to the house, I saw she was very pleasant and confident she and her staff could help.

He's been attending the day care for about three months, I see a change in his attitude, he's talkative and not so depressed. It's like a family atmosphere at the day care.

I really appreciate what they have done in making him feel comfortable and useful.

Since there is no cure for Alzheimer's, the classes they have for caregivers, help

apart you on what to expect as changes
expressed in their mental and physical condition.
They are also informative on where to go for
financial aide if necessary, and other things
to aide you in the care of someone.

Thank you
John Phillips

[Faint, mostly illegible handwritten text follows, appearing to be bleed-through from the reverse side of the page.]